



Thursday, November 30, 2000

Western Palm Beach County's Hometown Newspaper Since 1923

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## Sun Spots

### Belle Glade low water pressure

The City of Belle Glade is currently experiencing low water pressure citywide due to age related and mechanical failure with our High Service Pumps. The City has ordered the parts for these needed repairs and expects pressure to be back to normal by mid December. The City is currently in the design stages to replace existing High Service Pumps and related equipment at the Water Treatment Plant. Also, the City is constructing a 1-MGD Storage Tank and Pump Facility at North Main Street and Avenue 1. This storage tank is designed to increase pressure and storage capacity throughout the City.

### Christmas Decorating Contest

The Belle Glade Chamber of Commerce is again this year sponsoring the Christmas Decorating Contest.

If your home or business looks especially nice this year, or if you would like to nominate your neighbor's home, call Janise Goforth at the Chamber, 996-2745 before Dec. 18.

Judging will be held on Thursday, Dec. 21.

### Rent a table yard sale

Belle Glade Elks Lodge will be having a community yard sale Dec. 2 starting at 8 a.m. If you would like to rent a table call, the cost will be \$10. Call the Lodge and speak to Carol at 996-1716.

Hamburgers and hot dogs will be sold to all.

### FCAT Workshop

Want to help your children pass the FCAT test? On Saturday, Dec. 2, from 9 to 11:30 a.m. in the school's cafeteria, Belle Glade Elementary will be hosting a workshop for parents and students on how to help your children pass Florida's FCAT tests. All parents and students in the third, fourth and fifth grades are invited to participate. You will receive a copy of the book titled, "Parents Guide to the FCAT: 4th Grade Reading, 5th Grade Math" by Cynthia and Drew Johnson. Lunch will be provided. This is your opportunity to ask questions and get information that will help your children.

### Belle Glade Elks Lodge Memorial Day

Memorial service will be held at the Belle Glade Elks Lodge Sunday, Dec. 3 beginning at 1 p.m. Please come and celebrate the memory of our departed members.

Open to the public.

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### Lake Level

11.61 feet above sea level

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### Who to contact

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# St. Paul hosts grand opening for distribution center

By Jose Jesus Zaragoza

County and city officials from the tri-city area of the Glades, representatives from various agencies serving the poor and church members attended a ribbon-cutting and open house during the grand opening of St. Paul's Western Palm Beach County Food Distribution Center last Wednesday.

Palm Beach County Commissioner Tony Maslotti was the keynote speaker for the occasion at the St. Paul Church of God in Christ before up to 5,000 Glades area residents were treated to Thanksgiving Dinner.

Saying he attended, "Not what I have done, but for what Willie has done," Commissioner Maslotti praised the efforts of coordinator Willie Lawrence and others, and the success of the center which has been serving needy Glades residents since September. "The United States is a great country and we hear of ordinary people doing extraordinary things," The commissioner pledged his continued support

of the center's cause.

The Glades Central Singing Raiders Chorus treated the audience to a few songs, among them, "Oh Great Joy" and "Dare to Believe."

The church was full of well-wishers and supporters that were on-hand to congratulate Minister Lawrence and his endeavors. Presiding over the ceremony was Elder John Brown with Pastor Loretta Wilson, performing the invocation. Vice Mayor of Belle Glade Jeff Hawkins, Mayor of South Bay Clarence Anthony and Mayor of Pahokee Roy Singletary were also at the service.

Many representatives from the different partner agencies the distribution center works with were at the ceremony. Pamela Rue, Executive Director of the Lost Tree Organization also spoke on the job the church is doing in feeding the people of the Glades. The Lost Tree Organization out of West Palm Beach was responsible for facilitating the grant that allowed the church to start the distribution



From left to right: Rev. Leon Camel, Mayor Roy Singletary, Commissioner Tony Maslotti, Rev. Clarence Brown, Minister Willie Lawrence, Commissioner Don Garrett and Commissioner Jeff Hawkins took part in the St. Paul Food Distribution Center's ribbon-cutting ceremonies held on Nov. 22. The distribution center has been operating in the area and experienced much success in feeding the hungry and less fortunate.

center. The church's old fellowship hall was renovated with the money made available from the grant given to the church on April 18 of this year.

After the service, a ribbon-cutting ceremony and lunch was

held for the guests.

During and after the ceremony, many people were served Thanksgiving dinner at the church. With over 40,000 pounds of food distributed, the church fed over 5,000 people

who, otherwise, would not have enjoyed a Thanksgiving dinner, and distributed food baskets of food as well. The food for the dinner was provided by Larry Jones Feed the Children out of Nashville.

# Pahokee Museum exhibits city's rich past and it's bright future

By Tracy Whirls

Housed in two large rooms adjacent to the Pahokee Chamber of Commerce, the Pahokee Museum after several years of neglect is coming back to life as volunteers unbox memorabilia and artifacts left by the city's pioneer families.

According to Susan Elliott, who is working with Chamber Executive Director Alice Thompson and other Chamber volunteers, the museum was founded in the 70s by the Pahokee Woman's Club, who got the city's permission to use the room and began collecting pho-

tos, scrapbooks and other artifacts from Glades residents.

They volunteered to keep it open for the public. Then because a lot of them moved away and others passed away, they weren't enough people to come forward and help with the project," Ms. Elliott said. The rooms housing the museum became something of a storage area, with boxes of documents and other items stacked throughout the room.

A native of Pahokee, Ms. Elliott, nee Barwick, and her family moved back to Pahokee five years ago and became involved with the TLC commit-

tee, which met in the Chamber offices. Because of her interest in genealogy and history, and her work building the Chamber's web page, she was interested in finding out what the museum contained.

"When I walked in and saw all these precious photos and documents, I said I'll be glad to come in clean, the place up and get it organized," Ms. Elliott said.

Her main priority, now that she has gone through much of the boxed material, cleaned the rooms and set up the first exhibits, is to work on preserv-

See Pahokee — Page 3



Chamber of Commerce Director Alice Thompson and Susan Elliott stand in front of the Wall of Fame honoring famous Pahokee residents.

# Okeechobee Center Bulldogs host first annual awards banquet

By Jose Jesus Zaragoza

The Belle Glade Community Orienting Policing (COPS) unit, which sponsors and coaches the Okeechobee Center Bulldogs Title league football team held their first banquet Nov. 15 to celebrate their year and honor all the children who helped make the season a success. Awards were handed out to the players of the three teams, the 9-10 year olds, the 11-12 year olds and the 13-14 year olds.

Coach and Belle Glade Police Officer Freddie Garrett, who, with Belle Glade Police Sgt. Jeffers Walker has been working with kids in the public housing unit for six to seven years, started the ceremony by congratulating the kids and sponsors who supported the football teams this year.

Kenneth Funderburk, the Boys and Girls Club Teen Director/Unit Coordinator/Keynote Club

Advisor spoke of his experiences growing up in Belle Glade and efforts to assist local youth.

"This is where I grew up, too. All my parents, brothers, sisters grew up here in what we call the projects," Mr. Funderburk said. He spoke about the success of one such youth, Percy Napier who received the Florida "Youth of the Year" award sponsored by the Boys and Girls Club of Florida and came in second place in the national "Youth of the Year" competition. Percy was awarded over \$275,000 in college scholarships and appeared on the Oprah Winfrey show.

Each of the children who participated in the program received a trophy. Singled out for special recognition were Tommison Walker, who was awarded the "Big Dog" award for outstanding playing throughout the season, and Theodore Jackson who received the "Top Dog" award

as the player who showed most improvement during the season.

"When he came out here, I was worried he wouldn't make it through the season," said Coach Jeffers Walker. "He doesn't know it, but I spoke to all of his teachers and they said nothing but good things about him."

Several local organizations were also given awards for their contributions to the league and the Bulldogs. The Belle Glade Housing Authority, Glades Positive Alternative Partnership, Chief Michael R. Miller of the Belle Glade Police Department and Wedgeworth's Farms were a few of the organizations honored that night.

"What we do, it wasn't for the glory, it wasn't for the money," said Mr. Funderburk of his and his co-workers' work in the community. Rather, he said, the group's goal is to prevent children from "falling by the way side."

# SFWM imposes restrictions on agricultural water use

Mandatory residential water use restrictions could be imposed in December

By Tracy Whirls

The South Florida Water Management District imposed new water use restrictions for agricultural water users in the Everglades Agricultural Area Nov. 29. The new rules reduce the amount of water available to area farmers by 25-50 percent. And, if drought conditions don't improve by Dec. 6, when the SFWM board meets again, mandatory water use restrictions could be imposed on residential water users as well.

SFWM staff informed farmers and other local residents of the coming water-use restrictions during a public meeting last Tuesday at the Dolly Hand Cultural Arts Center in Belle Glade.

According to district spokesman Anne Overton, restrictions for agricultural use of water were announced first, because of the farms' ability to make direct withdrawals from Lake Okeechobee and the canals adjoining it.

A formula will be used to determine allocations for agricultural users from week to week. The allocation will be calculated based on weather and temperature conditions and evaporation. "If some rain falls over the lake, it will change the allocation. Demand will go down. If it's hot and dry, more water will be evaporated from the lake,

and the allocation will be reduced," Ms. Overton explained.

The allocations are based on the amount of water available from the Lake, and the amount of water expected to be available from the Lake from November-June 1, the traditional "dry" season.

Ms. Overton said the water use restrictions were imposed after climatic predictions that the district used to determine water allocations changed, indicating that the drought, which is currently affecting the southeastern United States, is expected to persist at least through Feb. 2001. Below average rainfall fell from June through September across most of the District, according to SFWM studies.

Ms. Overton refutes the argument that the district's decision to lower the lake to preserve fisheries and wading birds has precipitated the current restrictions.

"For years the lake has been ignored and the agency determined that it needed to pay attention to the environment and ecology and the sport fisheries that were being affected. The district only lowered the lake nine inches from a foot based on climatic predictions. Then the climatic predictions changed and on top of that evaporation, and the lack of rainfall has lowered the lake an additional two feet," she said.

"We have seen significant improvement in the lake's ecology in the fisheries and the plant life since the water level was lowered," she added.



Theodore Jackson (left) accepts the "Top Dog" award from Coach Jeffers Walker. Theodore Jackson was recognized for his outstanding year with the Bulldogs.

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## Speak Out

Speak out in our free 24-hour opinion line. Call 996-6636 to express your opinion or ask a question about public issues. You are not required to give your name. While we want you to speak freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.

### Trash cans

"This is a very concerned citizen of Pahokee. What is wrong with Cypress Avenue? Why are all the trash cans in the main street? Why aren't they in the alleys anymore? Is there any reason for this? Please tell the people to put their trash cans around the back."

### School zone

"The police on the motorcycles are handing out tickets right and left on S.W. 10th St. There should be a sign there that says 'school zone' and I don't think a lot of people are aware that it is a school zone. Speed limit hours are effective between the hours of 10 a.m. and 12 p.m. A sign should be placed on this block so people are aware that it's a school zone. It doesn't start at the school, that's where people think it is."

### Fix the light

"There's a traffic light on Martin Luther King Boulevard on Main St. When you get to the left turn, the signal that indicates when you should turn is malfunctioning. This keeps many cars backed up before the light changes. You might see the light that allows you to drive straight turn green a couple of times before you see that left turn arrow turn green."

Somebody needs to go take a look at it. Get up there and fix it."

### Palm Beach County cars in Clewiston

"I'm a resident of Clewiston. The deputies from Palm Beach County commute back and forth every day with a county vehicle to Hendry County. They do not work in Hendry County, they work in Palm Beach County. They drive a county car. The taxpayer should not pay for this expense. They should not be allowed to drive a county, deputy car to another county. I don't see any Hendry cars here, I don't see any Okeechobee cars here. If they work in this county, shouldn't they be living in this county? They harass the traffic in the evenings, they harass the traffic in the morning."

### A poem on "Too close to call"

"Bob Jones and Jerry Falwell on their knees  
Dear Lord let Bush and Cheney be  
Jesse Jackson group holding hands  
Oh no Lord Gore and Lieberman

"This election would have been a joke  
if those recipients of welfare had to vote  
Al Gore and Lieberman best for our need  
Remember Bush and Cheney men of steel

Democrats must be on the lookout  
Republicans are here, there and all about  
They pretend to care so much about you  
Behind doors you are called a nincompoop or fool

Should this election depend on Dade Miami  
Al Gore you need to call on Haitian Mary  
With Cubans the votes are from both living and dead  
Remember Al Gore, Elian was snatched from bed."

## The Sun

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### A pledge to our readers

- To operate this newspaper as a public trust.
- To help our community become a better place to live and work through our dedication to conscientious journalism.
- To provide the information citizens need to make their own intelligent decisions about public issues.
- To support the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- To use our opinion pages to facilitate community debate, not to promote our own opinions.
- To disclose our own conflicts of interest or potential conflicts to our readers.
- To correct our errors and to give each correction the prominence it deserves.
- To provide a right to reply to those we write about.
- To treat people with courtesy, respect and compassion.

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## Opinions

# Don't let your holidays go up in smoke

By Bill Nelson  
State Treasurer and  
Fire Marshal

With the holidays approaching, many Floridians are already busy decorating their homes, shopping, and getting together with friends and family. As you make your own preparations, I hope you'll also keep fire safety in mind to ensure that the happy occasions ahead aren't spoiled by property destruction, injury or tragedy.

The holiday season and the colder weather that often accompanies it bring all types of fire hazards into our homes, workplaces and almost every building we enter between now and the New Year.

With the holidays approaching, many Floridians are already busy decorating their homes, shopping, and getting together with friends and family. As you make your own preparations, I hope you'll also keep fire safety in mind to ensure that the happy occasions ahead aren't spoiled by property destruction, injury or tragedy.

## Cat Talk

### Magnet applications

The recruitment season is in full swing for magnet schools and choice option programs. If you have a child entering kindergarten in the fall of 2001 and you are interested in having your child attend Gove Elementary School as a magnet student, please stop by the school to pick up a magnet application form or call for an appointment 983.1922. Our school offers an International Studies Program with emphasis on dual language. Our goal is to create an environment that promotes equality and positive cross cultural attitudes while students become bilingual and biliterate. We will be hosting a mini open house Dec. 11 at 6:30 p.m. and Jan. 18 between 9 a.m.-12 noon for anyone interested in learning more about our program.

### Take your parents to school week

Special thanks to all the parents and grandparents who visited our school during "Take Your Parents to School Week." Parents and grandparents participated in numerous activities throughout the week. On Monday, mothers were invited to participate in "Learning Side by Side" with Mom. On

## Guest Opinion

The holiday season and the colder weather that often accompanies it bring all types of fire hazards into our homes, workplaces and almost every building we enter between now and the New Year.

— Bill Nelson

heeding a few important safety tips, we can enjoy the season, and celebrate Christmas, Hanukkah or New Year's Eve, without the fear of fire.

Here are some of precautions you can take:

■ Keep all portable heaters at least three feet away from flammable items, turn off space heaters before leaving a room or going to sleep, use only manufacturer-recommended fuel in portable kerosene heaters. Shut down and cool off such equipment before refueling.

■ If you celebrate the holidays with a live Christmas tree, find a

fresh one and give it water regularly, and keep the tree away from any heat sources or exits. If you use an artificial tree, make sure it is labeled as flame retardant.

■ Purchase only UL approved lights. Never use frayed or damaged strings, or mix indoor or outdoor lights. Also, unplug lights before going to sleep each night or leaving your home.

■ Do not overload electrical circuits such as wall outlets and extension cords, use a circuit (power) strip.

■ Only use sparklers and related novelties approved by

our Office of State Marshal. You may obtain a list of approved sparklers from our web site at [www.dol.state.fl.us](http://www.dol.state.fl.us) (click on our State Fire Marshal links).

■ Keep a tight-fitting screen on your fireplace, and obtain a professional inspection annually before use. Have your chimney cleaned on a regular basis. Never burn holiday wrappings, a discarded Christmas tree, or its branches in your fireplace. Dry Christmas trees burn very hot and extremely quick. The fire could ignite your carpet or nearby window coverings. A Christmas tree is also very oily and could damage your fireplace.

State Treasurer and Fire Marshal Bill Nelson also serves as Florida's Insurance Commissioner. He won the election to the U.S. Senate on Nov. 7 and will assume those duties in January.

### The challenge is on

Mrs. Mary Evans, our new principal, has recently challenged the students to a "Reading Challenge." Students will be recognized by the principal for reading three "Reading Counts" books and scoring at least 70 percent on the "Reading Counts" quiz for each of the three books read. The first ceremony will be held in December for the first group of students meeting the challenge. Each month the criteria will be increased in hopes of promoting excellence in reading. We are having such a great response to our Principal's Challenge that it is hard to find an empty computer during the day for the students to take the quizzes.

### Mini Grants

The Department of Federal Programs/Title I Family Involvement is pleased to announce the award of Family Involvement Mini-Grants to Title I schools. Schools submitting exemplary proposals were awarded up to \$1000 for projects that provide opportunities for families to share responsibility for academic achievement. Gove Elementary is one of the recipients of such grants. The money is being used to implement the program, "Passport to Learning Experience." A special thanks to Mrs. B. Alvarez for submit-

### taking a winning proposal.

### Take Charge of Education

A check in the amount of \$251.53 was recently awarded to Gove elementary by the Target Stores for our success with the Target School Fundraising program. We thank the families and the faculty who helped make our school one of the top "Take Charge of Education" schools in the nation. Do not forget to designate Gove Elementary next time you make a charge purchase at Target; so that our school can continue to receive the rewards.

### Big G Box Top for Education and Campbell's Soup labels

This is a reminder that we are still collecting box tops from any General Mills products and Campbell's Soup labels. During the month of October, a check in the amount of \$94.45 was received from Campbell's for submitting soup labels. This is an easy way for our school to obtain extra funds to purchase additional supplies. With the holidays approaching, we hope you keep us in mind.

### Upcoming Events

12/7 — PTO at 6:30 p.m.  
12/8 — Reading Counts Awards Ceremony  
12/11 — Curriculum Night at 6:30 p.m.

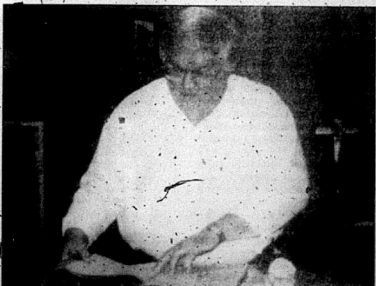
## Chamber of Commerce 50th Anniversary Open House



Pahokee Main Street Coordinator Shirley Jarrell and Mrs. Marjion Hatton chat during the Pahokee Chamber of Commerce 50th Anniversary Open House held Tuesday, Nov. 14.



Pahokee City Commissioner Pete Moore and Commissioner Hugh Branch talk as they view the newly reopened Pahokee Museum exhibits during the Chamber of Commerce 50th anniversary open house.



Rev. James Bennett, Pahokee Chamber of Commerce member and Rotary Club historian reviews one of the old manuscripts available for viewing at the newly renovated Pahokee Museum.



Roger and Denise Hatton and their young son were some of the Pahokee residents and Chamber members who gathered to socialize and celebrate the Chamber's 50th anniversary Nov. 14.



# "Do the Right Thing" awards presented

By Tracy Whirls

The Palm Beach County Sheriff's Office District V Community Policing Unit, Palm Beach County School District Area 4 and Glades area business sponsors recognized 84 students from Belle Glade, South Bay, Pahokee and Canal Point Monday during the third "Do the Right Thing" awards program of the 2000 school year, held at the K.E. Cunningham/Canal Point Elementary School in Canal Point.

In recognizing the "Do the Right Thing" awards, PBSCD District V Captain Jose Figueroa noted that because so much attention is focused on the few children who misbehave, the sheriff's office started the "Do the Right Thing" program to recognize the majority of students who "do the right thing."

"It's a beautiful world to be a kid in, with new technologies and new challenges. But you would think it's a bad world, because just a handful of children capture all the focus for doing bad things. The majority of children in school are wonderful, just like you, who've turned away from bad behavior to focus on the good. By focusing on the good opportunities, you can make the world a better place than it is now," Captain Figueroa said.

The "Do the Right Thing" program is for profit organizations, targets and rewards the "good" children of the Glades community for their behavior. Credits are awarded to the students. The program was initiated by the Miami Police Department in 1990, after seeing the positive effect of the program on a high school student who was recognized for turning in a loaded handgun despite the pressure of his peers.

Teachers nominate children from their school each month. A Board of Directors then chooses the winners. The winners receive a certificate, a letter of commendation, school supplies and other award items. Each school's monthly first place winner receives a plaque, addition to the other award items.

In nominating the eight first place winners from their respective schools, teachers praised the students for following the rules, doing their homework, "turning the other cheek" during disagreements, and helping others.

Canal Point Elementary School first place winner Manuel Ramirez was nominated by his teacher, Mrs. Parr for being a good citizen. "Manuel was pushed down by another student and he did not push his classmate back. He was very calm and understanding," Mrs. Parr wrote. Similarly, Rosewood Elementary School first place winner Levenshane was nominated by teacher Joanne Boone for refusing to get into an argument with a stu-



A total of 84 children from Belle Glade, South Bay, Pahokee and Canal Point were recognized by the Palm Beach County Sheriff's Office District V Community Policing Unit, Palm Beach County School District Area 4 and Glades area business sponsors for doing the right thing on Monday.

dent who teased her. "Recently I observed her being verbally abused by another student. Levenshane touched my heart when she responded, ever so softly. 'Why are you saying those mean things to me?' Immediately I stopped my lesson and praised her actions and the excellent manner in which she reacted to the negative behavior of her peer."

Other students were recognized as role models for their peers. Belle Glade elementary School first place winner, Dontae Artis was nominated by teacher Shari Happp as a "model student." "He always tries his hardest. He does not do things for recognition or to be in the spotlight. He does the right things because it's the right thing to do. He is a 'peace-maker' in all situations. We need role models like following his example," Glade View Elementary first place winner Rosanna Morrison was nominated by her teacher Mrs. Babin for her "compassion and willingness to 'sacrifice for others when there is discord.'"

Other winners were recognized for their willingness to help fellow students. Pioneer Park Elementary School winner Nina Monroe was nominated by teacher Mrs. Parody because of her willingness to help her fellow Kindergarten peers, reminding them of classroom rules and even fixing their shoes. "While doing a mail activity, the child beside her ran out of manipulatives. Nina volunteered to share hers with the other child, and she did it with a smile," said Mrs. Parody. Glade Elementary first place winner Erin McCarthy was nominated by teacher Carolyn Pancake for volunteering to read to the students in Mrs. Pancake's class. "Erin came into the FMS classroom on an errand one day, she went from child to child talking quietly and gently to each child. A few days later, after getting permission from her teacher, she came back with a book and spent time reading to each child. Her

gentle spirit and kindness are exceptional for a child her age." Pahokee Elementary first place winner Hentoya Parker was nominated by teacher Donna Cochik for helping a legally blind student in her class. "Hentoya has become extremely good friends with her and goes out of her way to make sure she gets where she is supposed to. She guides her to lunch, the arts and even takes her to the bus in the afternoon. She never asks for anything in return. She is truly an outstanding citizen," said Mrs. Cochik. Similarly, Glades Day School first place winner Alexandra Lynn was nominated by teacher Carolyn Carter for helping the children in her class who were having difficulty as the group put on a class play. "She was chosen student of the month by her peers," Ms. Carter noted.

Nominees and winners from each of the eight Glades area elementary schools included:

■ Rosewood Elementary School: First place, Levenshane Williams; Second place, Alicia Salinas.  
■ Belle Glade Elementary School: First place, Dontae Artis; Second place, Alan Roman; Third place, Jantieria Williams. Also nominated was Demario Scott.  
■ Glade View Elementary School: First place, Rosanna Morrison; Second place, Teresa Jaimez; Third place, Cloverreen Jordan. Also nominated were Lovelisa Morgan, Emanuel Gonzalez, Vanessa Small, Jorge Gonzalez, Frankie Prezell, Bledina Shannon, Fel-kerra Miller, Leikashaba Scott, LiErica Williams, Michelle Lyles, Kamika Garrett, Kiara Young, Denise Berger, Stephen Johnson, Jubley Clairant, Lourdeline Atus, and Sandra Joseph.

■ Pioneer Park Elementary School: First place, Nina Monroe; Second place, Jeannara June; Third place, Karen Cardenas. Also nominated was Shelda Deasiss.

■ Glade Elementary School:

First place, Erin McCarthy; Second place, Dominique Tosada; Third place, Wilo Rodriguez. Also nominated were Angelica Gomez, Benito Guzman, Andre Russell, Yessica Alcala, Stephanie Kirkman, Roketa Clark, Shafanthe Desinord, Jayvan Morris, Nicholas Lowell and Danielle Edgcomb.

■ Pahokee Elementary School: First place, Hentoya Parker; Second place, Sonia Hernandez; Third place, Amber Webber. Also nominated were Jairo Garcia, Sandra Ponce, Kourney Jimenez, Terquandria Evans, Rodrigo Cardenas, Tyrannisha Smith, Leroy Ponce, Fernando Enriquez, Solomon Henderson, Almadia Johnson, William Orr, Terry Webb, Thara Abrams, Likkeisha Roberson, Julia Diaz, Janesha Mickler, Raisa Prieto, Obed Figueroa and Karen Ortiz.

■ Glades Day School Elementary: First place Alexandra Lynn; Second place Nadia Esquivel.

■ Canal Point Elementary School: First place, Manuel Ramirez; Second place, Willie Ford; Third place, Esteban Toribio. Also nominated were Aisha Moore, Jeremy Tirado, Erin Burroughs, Norma Hernandez, Janoris Jenkins, Jamisha Moore, Terry Corley, Bobby Jackson, Adria Knighten, Sylvia Lopez, Patricia Mata, Rufina Medina, Ismael Aguilera and Latwisia Maffaden.

# Arrest Blotter



## Belle Glade

The Belle Glade Police Department handled 702 calls, issued 36 traffic citations and made 20 arrests the week of Nov. 20 - Nov. 26. Those arrested included:

Nov. 20 - Lee Lawson, 44, carrying concealed weapon by convicted felon; McKenzie Delva, 19, resisting officer without violence; Miguel A. Silva, 28, theft; Nathaniel Howard, 42, failure to appear/warrant; Willie Frank Higgins, 36, driving while license suspended.

Nov. 21 - Willie Darrell Roland, 29, contempt of court/warrant, failure to appear; Lawrence Minus, 29, contempt of court/warrant.

Nov. 22 - Yvette Clark, 25, failure to appear/driving while license suspended; Horatio Noah Hall, 28, theft.

Nov. 23 - Keith D. Johnson, 21, failure to appear/warrant.

Nov. 24 - Lane Celestin, 37, battery/aggravated; Wilmer Camillus, 36, battery/aggravated; Gilbert Stokes, 23, robbery, grand theft; Oscar Roman, 26, failure to appear/warrant, failure to appear/reckless driving; Joseph McCurtus, 36, contempt of court/warrant.

Nov. 25 - Yolanda Florio Simmons, 21, grand theft auto; Mahala Baker, 88, domestic battery; Willie Brockman, 22, failure to appear/resist arrest without violence, contempt of court/warrant.

Nov. 26 - Jeffrey Williams, 38, loitering and prowling; Israel Hester, 31, loitering and prowling.

## Pahokee

The Police Department handled 180 calls, issued 8 traffic citations and made 10 arrests the week of Nov. 20 - Nov. 26. Those arrested included:

Nov. 20 - Juvenile, 17, attempted escape; Anthony Ordiesse, 16, attempted escape.

Nov. 22 - Juvenile, 15, domestic battery, battery on a person 65 years or older.

Nov. 23 - Johnny Hall, 37, disorderly intoxication, resisting arrest without violence; Robbie Moory, 37, domestic battery.

Nov. 24 - No arrests.

Nov. 25 - No arrests.

Nov. 26 - No arrests.

## Crime Stoppers

Crime Stoppers of Palm Beach County is, asking citizens to help locate Monroe Finley, who is wanted for first degree murder; shooting into an occupied building; felons in possession of firearms; persons engaged in criminal offense having weapons; driving while license suspended and driving without a license.

Finley is a black male, 5'8", and weighs 150 pounds. He has black hair and brown eyes, tattoos on his stomach and left ankle. His date of birth is Nov. 2, 1975.

Finley's warrant was active as of Oct. 12, 2000.

If you know the whereabouts of Monroe Finley, or anyone involved in a serious crime, call Crime Stoppers at 1-800-485-8477. You can remain anonymous and still receive a cash reward of up to \$1,000 if your tip leads to an arrest.

## Monroe Finley

Finley is a black male, 5'8", and weighs 150 pounds. He has black hair and brown eyes, tattoos on his stomach and left ankle. His date of birth is Nov. 2, 1975.

# A look at the Cooperative Observer Program, a volunteer weather watching group

The phone starts ringing at four o'clock each afternoon. My weather watchers—three dozen volunteers who love the weather—are calling in with their daily report.

It is a fascinating group of people, ranging from 8-year-old Tyler Allender in Ft. St. Lucie to retired college professor Bruce Wagonseller in Jensen Beach to high school science teacher Rich Semmes in Fort Pierce. Each weather watcher shares a terrific passion for weather. They love to watch it, observe it and talk about it. And each afternoon around four o'clock, they call me with their daily report on the weather in their backyard.

Each weather watcher reports the high and low temperature, rainfall totals and observations about weather conditions in their area. It is important information to me, and the National Weather Service, and is part of a tradition of weather watching that was inspired by Thomas Jefferson.

Jefferson, an avid weather watcher himself who kept a daily log of weather conditions day by day, wanted farmers throughout the young republic to keep track of daily weather patterns. What he envisioned eventually evolved into today's National Weather Service (NWS) network of weather stations.

In every state of the country, you'll find a NWS automated observation station, silently recording weather parameters—temperature, humidity, wind speed and direction and air pressure—24 hours a day. The information is available to meteorologists around the world and is used to forecast the weather.

Still, the United States is a big country and not every nook and cranny can be home to a NWS weather station. That's why the

Cooperative Weather Observer Program is so important.

Created in 1890, the Cooperative Weather Observer Program's mission is to provide observational data (like temperature and rainfall) to define the climate of the country and to help measure long-term climate changes.

Each day the 10,000 members of the Cooperative Weather Observer Program record the weather at their location. At the end of the month, the accumulated information is mailed to the National Climatic Data Center in Asheville, North Carolina, where it is entered into a huge national database available to scientists, researchers, meteorologists and the public.

This is an invaluable source of weather information, providing

not only the cornerstone of the nation's weather history but also providing the primary research data into global climate change.

In 1893, Secretary of Agriculture Henry Wallace called the Cooperative Weather Observer Program one of the most extraordinary services ever developed. Even more remarkable are the observers themselves.

People like 88-year-old Richard Hendrickson who has been recording the weather since 1930. The Long Island resident is part of an elite fraternity of only six people who have joined the National Weather Service into an eighth decade. Hendrickson says measuring the weather each day is his way of "serving his country."

For most weather watchers, however, it is a passion for weather—not patriotism that inspires their work ethic. They love to watch Mother Nature in action and love to share their enthusiasm for weather.

Mike Lyons is the chief weather specialist for WPBF-TV

Mike Lyons

SMILE, I LOVE YOU

When your heart is happy, there is no place for tears.

When your face is smiling, there is no room for a frown.

The Father called my name, and I responded. He held me in his hand, and I reached for his joy.

Jason Earl Morris  
June 27, 1982 - December 3, 1999

"I give them eternal life, and they shall never perish, and no one shall snatch them out of my hand."  
John 10:28

Kraeer-Mixon Funeral Home invites you to share with us in our Annual "Night of Remembrance" and Candlelighting Service on Saturday, December 9<sup>th</sup> at 7:00 p.m.

Dr. Lee Drake will once again be our guest speaker. Please bring an ornament to place on our Tree of Remembrance. RSVP 996-6722.

In The Spirit of the Season

On this winter night, cold and dark, There comes a light, warm and still. Be it small, yet glowing bright Upon a steeped, snowy hill.

This yonder candle burns with Love For all who know its wondrous rays. Behold at this joyous time, this flame Makes warm the nights And merry days.

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(941) 385-2571



# Bishop blesses new additions at St. Mary's

Bishop Anthony J. O'Connell visited St. Mary's Catholic Church in Pahokee Nov. 26 to bless the new basketball court, the new, enlarged free dental and medical clinic and the new St. Mary's Catholic Church Youth House.

The St. Mary's Catholic Church Youth House was dedicated to the late Grace Eugenia Jones, who had served as principal at Pahokee Middle Senior High School and Area 1 Superintendent of Schools.

According to St. Mary's pastor Father John Mercante, Mrs. Jones converted to Catholicism the day before she died and her husband, Butch Jones and friends and family were present at the dedication Sunday. The Youth House is intended to provide youth who have already completed their confirmation with a permanent place to meet and relax with a pool table, television, and game table, as well as a place to hold seminars and discussions

on social, political and personal issues. "It offers a way to hold on to the youth who after Confirmation sometimes wander far from the Church until marriage," Father John said.

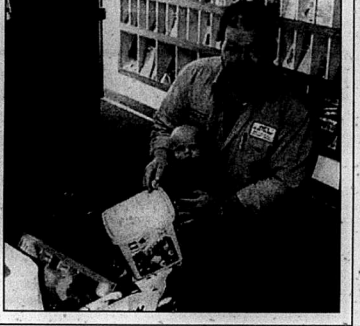
Also intended to attract local youth to the church, the new basketball court, dedicated to Sister Maria Elena Mendez Ochoa, a Mexican Guadalupe sister who worked at St. Mary's for three years, will complete the sports complex at the Church which also offers a lighted soccer field and volleyball court. "Because Pahokee is a poor area and many of the migrant children have nothing to do at night, St. Mary's Catholic Church put in the sports complex. In this safe environment, the children and youth of migrant families are kept busy learning sports and sportsmanlike behavior and at the same time kept off the streets and out of danger and temptation," Father John said.

The expanded clinic offers two new dental offices at the site. Dedicated to "Mary, Our Blessed Mother, our only Hope!" the St. Mary's Catholic Church Free Clinic has been serving the medical needs of the poor in Pahokee, free of charge, since 1994. Doctors and dentists tell Father John which days they can see patients, and Father John announces when the doctors and dentists will be available to see patients during each week's mass. According to Father John, Dr. Philip Crawford and his wife, Lisa, of Boca Raton, who have been volunteering to see patients at the clinic for more than a year, were the first to call and initiate the building of the new offices on the site of the already existing small medical clinic.

St. Mary's Catholic Church is located at 1200 East Main Street in Pahokee. For more information about the programs offered at the church, phone (561) 924-7305.

# TOYS FOR GLADES KIDS

Local children will be the recipients of a toy drive sponsored by the Belle Glade Chamber of Commerce. Citizens are asked to help with the drive by bringing a new, unwrapped toy to the Chamber for distribution by the Salvation Army. Toy Drive Chair Gene Bell, shown with his three month old son, Elton, says the toy distribution has been sponsored by the Chamber for three years. "The drive should end Dec. 8, but we won't turn anyone away who wants to give toys to deserving children after that time," he said. After Dec. 8, the St. Paul's Greater Distribution Center will be given the toys to distribute to local children.



## Gabriela Alane Goforth

Gabriela Alane Goforth, infant daughter of Gregory Allen and Nerina Bermudez Goforth of Belle Glade passed away Nov. 10, 2000 in Germany where her father Greg Goforth is serving with the U.S. Army.

Survivors include paternal grandparents George and Janice Goforth of Belle Glade; maternal grandmother, Herlinda Bermudez of Belle Glade.

Funeral services were held Saturday, Nov. 25 at Graveside at Foreverglades Cemetery with Rev. Gary Folds of the First Baptist Church officiating.

Arrangements were handled by Glades Funeral Chapel of Belle Glade.

## Foster Melvin Lumpkin Sr.

Foster Melvin Lumpkin Sr., age 66, of Belle Glade died Thursday evening at his home following a long illness. He was a native of Joshua, Texas and a resident of Belle Glade for many years. He was retired Supervisor for Quaker Oaks Chemicals of Belle Glade and a member of The First Missionary Baptist Church of Clewiston. Survivors include sons, Foster Melvin Lumpkin Jr. of Clewiston and Darren Lester Lumpkin of Mickle, Tenn.; brothers, Herbert Lumpkin of Rome, Ga.; Donald

Lumpkin of Calhoun, Ga.; J.W. Lumpkin of Hudson and Robert Lumpkin of Tampa; sister, Charlotte Hubbard of Tampa; four grandchildren and 3 great-grandchildren.

Friends may call at the Alkin-Davis Funeral Home of Clewiston from 2-4 and 7-9 p.m. on Sunday. Funeral services will be held on Monday, Nov. 27 at the First Missionary Baptist Church of Clewiston with the Rev. John Hancock officiating. Interment will be in Ridgeland Cemetery, Clewiston. Alkin-Davis Funeral Home of Clewiston in charge of the arrangements.

## Ruth C. Guzman

Ruth C. Guzman, a 39-year resident of Belle Glade passed away peacefully at her home on Nov. 25, 2000 after an extended illness. She was born in Spearsville, Louisiana on July 30, 1922. After graduating from high school in 1938 at the age of 16 as valedictorian of her class, she attended Louisiana Tech University where she earned her B.S. degree in English and then Louisiana State University where she earned her Masters degree in library sciences by the age of 20. She first worked as librarian at the High School in Bernice, Louisiana for 2 years and then at Louisiana State University for 3 years, where she met and mar-

ried her husband. They moved to his homeland, Peru, in 1946 and while residing there, Ruth reorganized the library at the College of Agriculture in La Molina. Returning to the States in 1951 with her husband and first child, she returned to her beloved profession as head librarian of Gove Elementary School, where she helped to enrich the lives of the children of Belle Glade for 24 years until her retirement in 1989.

Ruth C. Guzman is survived by her husband, Victor; five children, Edward, Stephen, Richard, Nancy and Carroll; five grand-children as well as one brother, Travis Carroll of Spearsville, Louisiana.

A memorial service and reception will be held at The First Baptist Church of Belle Glade at 3 p.m. on Dec. 2 with Rev. Gary Folds officiating.

Arrangements were handled by Glades Funeral Chapel of Belle Glade.

## Flora Lee Rushing

Flora Lee Rushing, age 93, of Belle Glade died Saturday, Nov. 25, 2000 at Royal Manor Nursing Home. Mrs. Rushing was born in Tallahassee, Alabama in 1907. She had been a resident of Belle Glade since 1958 moving here from Alabama. Her husband James A. Rushing who preceded her in death in 1987 was a local farmer.

Survivors include her son, Alvie Lee Still of Plant City;

daughters, Pearl Melanio of Mountain View, Cal.; Lillian Brewer of Belle Glade; sister, Fannie Mae Fuller of Tallahassee, Alabama and 10 grandchildren. Funeral services were held Wednesday, Nov. 29 at Glades Funeral Chapel with Minister Margaret Lawton officiating. Interment followed at Foreverglades Cemetery.

Arrangements were handled by Glades Funeral Chapel of Belle Glade.

## Leonardo Castillo

Leonardo Castillo, age 68, of Pahokee died Saturday, Nov. 18, 2000 at Hospice of Palm Beach County. Mr. Castillo was born in Havana, Cuba in 1932 and had been a resident of Pahokee for many years, he worked as a truck driver in the agriculture business.

Survivors include his devoted friend Maria Hernandez of Pahokee; sons, Lázaro A. Castillo of Miami; Ricardo J. Castillo of Tampa; brothers, Francisco Castillo and Luis Alvarez; four grandchildren. Funeral services were private. Arrangements were handled by Glades Funeral Chapel of Belle Glade.

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# The Sun

# SONRISA with Dr. Inge Ford

# Pregnancy and your teeth

Many of my female patients often question me about appropriate dental care during pregnancy. My response varies depending upon the overall health condition of the pregnant mother. Most dental treatment can be safely done during pregnancy. However, if dental care is postponed during the best time for treatment is in the second trimester. Elective dental treatment such as cosmetic dentistry should be postponed until after childbirth.

Most expectant mothers have a plethora of questions and concerns about the changes in their bodies and what care is necessary. Dental x-rays, although extremely low in radiation, are usually postponed with routine check-up during pregnancy if the female has had regular dental care. If the expectant mother is in pain, dental x-rays can be taken without risk to the unborn child. Lead aprons are used to shield the patient. The use of dental anesthesia can be used during pregnancy and are not harmful. Many dentists, on advice from obstetricians, will use anesthetics without epinephrine

during pregnancy. The concern about taking antibiotics and other medications is legitimate. Acceptable antibiotics that can be taken for oral infections during pregnancy include penicillin, amoxicillin, and clindamycin. However, should avoid prescribing tetracycline and narcotic pain medication during pregnancy. It is not recommended that expectant mothers take over the counter pain relievers such as aspirin and ibuprofen (Motrin), but, rather, consider acetaminophen (Tylenol) for dental pain.

Some other concerns expectant mothers have are sore or bleeding gums, and an increase in cavities. First, many pregnant women experience an increase in puffiness and sensitivity of the gums. A change in hormonal levels (estrogen and progesterone) coupled with over present plaque in the mouth, inflammation of the gums (gingivitis) is more pronounced. In some cases, infected gums can form a benign growth, called a pregnancy tumor. This condition will usually resolve itself after childbirth. A good preventative measure is to get professional dental cleanings twice during your preg-

nancy, and consistent daily oral hygiene (brushing and flossing) to reduce swelling, sensitivity, malodor and the risk of pregnancy tumors. Second, the claim that after childbirth numerous cavities occur. In truth, teeth are composed largely of calcium; yet the calcium throughout the body is not derived from the teeth, but from your bones. Specifically, a low calcium intake during pregnancy does not contribute to cavities. The culprits are starches and sugars (carbohydrates) left on the teeth that cause cavities. If the teeth are not brushed and flossed regularly, the bacteria and acids left will cause cavities.

Pregnancy is such an interesting time in a woman's life. Taking good care of yourself, emotionally, physically and orally all contribute to the ultimate goal—a good pregnancy and a healthy baby.

Dr. Ford is a general dentist who welcomes your comments and concerns. Dr. Ford is located at 124 SW 1st St. in Belle Glade, across from Gilbert's Jewelers. Dr. Ford's phone number is 561-996-0111. Call today for an appointment.

# VSU FIRST YEAR SCHOLAR ANNOUNCED

Derek Martin Lamb, right, son of Mr. and Mrs. Larry Lamb of Belle Glade was recognized at a fall reception at the University Center for Superior Achievement during their first year of academic study at Valdosta State University. First Year Scholars must have a 3.5 grade point average on a 4.0 scale after their first 30 hours of semester course work. President's First Year Scholars must have maintained a grade point average of 3.75 on a 4.0 scale. Mr. Lamb is pictured with VSU President Dr. Hugh C. Bailey.



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Rev. George Walker

**CHURCH OF CHRIST**  
410 W. Avenue H  
Minister Robert Beuer

**CHURCH OF GOD IN CHRIST #1**  
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Pastor S. Edwards

**CHURCH OF GOD OF PROSPERITY**  
801 SE 13th Street  
Pastor Jesse Humphrey

**CHURCH OF JESUS CHRIST LATTER DAY SAINTS**  
601 NE Avenue A  
Pastor Abraham Thomas

**CHURCH OF THE LORD JESUS CHRIST OF THE APOLITICAL FAITH**  
277 SW 8th Street  
Deacon Herbert Watkins

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**COMMUNITY UNITED METHODIST CHURCH**  
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Rev. Douglas L. Hester

**EL BETHEL EVANGELIST BAPTIST CHURCH**  
109 Main Street  
Rev. Gary Folds

**FATH MISSIONARY BAPTIST CHURCH**  
1119 SW 12th Street  
Pastor Lee C. Hester

**FIRST BAPTIST CHURCH**  
17 W. Avenue H  
Rev. Gary Folds

**GREATER ST. PAUL CHURCH OF CHRIST**  
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Elder Charles Brown

**HATTIAN MISSION OF THE FIRST BAPTIST CHURCH**  
651 SW Avenue A  
Pastor Stephen Smith

**IGLESIA DE DIOS PENTECOSTAL**  
24 SE Avenue C  
Rev. Natividad Rodriguez

**IGLESIA BAUTISTA RECONSTRUCCION**  
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Rev. Lazaro Rodriguez

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104 SW 10th Street  
Rev. Arvin E. Nichols

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Rev. S.P. Hester III

**ST. JOHN FIRST BAPTIST CHURCH**  
400 SW 9th Street  
Rev. J.B. Adams

**ST. JOHNS EPISCOPAL CHURCH**  
100 W. Avenue J  
Pastor Philip Smith

**ST. PETER'S LUTHERAN CHURCH**  
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Rev. Richard Jones

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1600 S. Main Street

**SPANISH MISSION OF THE FIRST BAPTIST CHURCH**  
17 NW Avenue B

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624 SW 6th Street

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107 Canal Street  
Pastor Magda de la Corda

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Rev. Gerald Anderson

**FIRST BAPTIST CHURCH**  
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Rev. Day Singleton

**FIRST UNITED METHODIST CHURCH**  
210 E. Main Street  
Rev. Gerald Anderson

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Rev. Day Singleton

**St. Paul's**

**CHURCH OF GOD**  
150 NW 9th Avenue  
Rev. S.P. Hester III

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Elder Charles Brown

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**THE INSPIRATIONAL CHURCH OF GOD**  
100 W. Avenue J  
Pastor James A. Bennett

**APOLITICAL CHURCH OF CHRIST**  
210 Palm Beach Road  
Rev. John Folds

# Sports

## Pahokee Blue Devils basketball team geared up and ready for the 2000-01 season

Optimism abounds in Pahokee as Blue Devil fans look forward to the 2000-01 boys basketball season.

Head Coach Chris Maxon believes he has a nice blend of experience and youth to work with in his second season at Pahokee High. The Devils return two starters and a host of others who received significant playing time from last year's team. "I think keeping expectations high is good for a team," said Coach Maxon. "I think expectations put more responsibilities on the student athlete toward working hard. That way there's a high expectancy level each time they step on the court."

The coach said he is looking forward to the challenge both he, his coaching staff and the players will face in meeting those expectations.

Two starters, point guard Zabian Dowdell and shooting guard Antonio Wilson, return from the starting lineup from last season.

Dowdell, the 5'10" sophomore averaged 8.4 points per game (48 3 pointers) and dished out 5 average points per game last year. Zabian, with his maturation and continued physical development—he's grown two inches and put on 10 pounds—gained a great deal of maturity last year starting as a freshman point guard," Coach Maxon said. "He brings many special qualities such as leadership, enthusiasm, and intelligence—he also carries a 3.40 GPA in the classroom. His quick release on his shot, his ability to read people when they are open and his great decision-making made him all-around the most intelligent and effective player on our team toward the later part of last year."

Wilson, a 6'2" freshman shooting guard, averaged 7.4

points per game as well as three rebounds and three assists per game as a starting eighth grader last year. "Antonio was a great addition to our basketball family a year ago," Coach Maxon said. "He has a natural leadership quality and his work ethic in the classroom and on the basketball court this year is second to none. The one quality he brought to our program was a winning attitude, which I believe has become contagious to those around him. His polished perimeter play, and his great decision-making make him a natural for the two-guard position where we hope to take advantage of his shooting and passing abilities."

Behind an up-tempo, full-court pressing style of play, the Devils hope to create havoc for opponents in the difficult District 14 3-A. The coach said senior 6'6" center Dewayne Holmes, who averaged 3.5 points per game and 5 rebounds per game last year, will play a key role in the success of the Blue Devils this year after contributing significant minutes in a reserve role last year. "Dewayne is a great shooter up to 12 feet and has made himself into a quality post player," Coach Maxon said. "He has good footwork and hands and is a really good rebounder and interior passer who knows when to kick the ball outside when the defense collapses down on him. Every aspect of Dewayne's game has improved immensely since he's been a sophomore, most notably his attitude. He's really going to be counted on heavily if our team is to be successful."

The coach said junior 6'4" forward Kenny Berry, who averaged 4.0 points per game and three rebounds per game last season, will be expected to carry a heavy load for the Devils in

scoring and defensive presence.

"Kenny had a great summer in his physical and mental development," Coach Maxon said. "With that has come the confidence that he can take the ball inside or pull up on anyone. Kenny has brought into the twelve month theory that our staff stresses about never putting the ball down all year. He is very athletic and can run the floor like a guard. He can shoot from deep or drive to the hoop while playing all five positions. Combining Kenny's skills with his newfound confidence will amount to a very successful year for him."

With a strong core of young veterans returning, Coach Maxon is also relying on Seniors To Hill and Javian Freeman to take care of the ball during key possessions.

"These two guards have worked extremely hard during practice and are very receptive to coaching," Coach Maxon said. "These young men are very capable of running the guard spots and we have the utmost confidence in them to take care of the ball."

Juniors Maurice Moreland, Robert Lee, William Jenkins, Javian Golphin and sophomore Breon Collins will all get considerable minutes in solidifying the Blue Devil varsity roster. Coach Maxon said he is particularly impressed with Collins, who has improved greatly from last season. "Breon is a real talent. He's probably one of the most talented guards we have. His athleticism allows us to play him at many positions. He will compete for a lot of playing time and even a starting position."

Once the leadership is solidified by Holmes, Dowdell, Berry and Wilson, Coach Maxon expects the team to be an explosive, exciting top-10 3A school. The coach said the team will have diversity this season—players who can play multiple positions with multiple talents.

"I think people will notice our quickness and athleticism in our front court, and because of that quickness, we'll be able to press more," Coach Maxon said. "We will have to mature to be really good. That will come after getting in the fire and becoming battle tested. Only then will we be ready to put something together that is very special."

Looking ahead at the upcoming season, Coach Maxon said he thinks two-time state champion Cardinal Newman will be the team to beat in the district.



The Pahokee Boys varsity basketball team kicks off their season against King's Academy at home tonight.

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The Blue Devils will face Cardinal Newman and State Mr. Basketball candidate Jackie Manuel Jan. 19 at home.

The Pahokee Blue Devils has-

ketball season begins today, Thursday, Nov. 30 at home against King's Academy. JV game time is 5:30 p.m. with varsity tip-off at 7 p.m.

## Glades Day to face Fort Meade in the Class A semifinals

By Jose Jesus Zaragoza

The Glades Day Gators moved on in the regional semifinals as they beat Crescent City 31-13 Friday night. The Gators stacked 353 yards and scored four touchdowns and one field goal to defeat Crescent City.

Glades Day (7-5) was able to outplay Crescent City (9-3) with some smart plays and outstanding performances from sophomore running back Brannan Thomas and senior quarterback Kyle McNamara. Thomas went for 92 yards from 24 carries and also led in receiving with 62 yards from two passes. McNamara totaled 135 yards from 7 of 9 attempted passes and scored 1 touchdown.

Junior wide receiver Micah Thomas opened the game with a touchdown from a 34-yard pass from McNamara. Brannan Thomas helped his

older brother out later in that same quarter as he scored a touchdown from a 1-yard run.

The Gators were shut out in the second quarter only to double up on points in the second half. Junior Matt Sanchez took the ball into the end zone from 6 yards out in the third to up the Gators' score to 21-7. McNamara ran for a 4-yard touchdown followed by an Ethan Brunson field goal kick in the last quarter of the game.

After a mediocre season, the Gators have gone on to experience quite a post-season. With every game, the Gators seem to grasp a better knowledge of the game and manage to improve upon their game. Coach Craig Dobson said he had a young, but eager team this year and all they needed was some actual game time. Now that they're playing more, it seems they're winning more.

Glades Day will likely face Fort Meade in the Class A semifinals.

## Glades Central to face Rockledge or Cardinal Gibbons in semifinals

By Jose Jesus Zaragoza

Glades Central keeps moving toward their third consecutive state championship after gaining a win on Friday against visiting Class 3A Fort Pierce Westwood in the regional semifinals. Despite a delayed start, the Raiders were successful in halting any major offensive moves by Westwood. Glades Central left the game after scoring 33 points to Westwood's 7. This win also extends Glades Central's winning streak to 32 consecutive games.

Glades Central (12-0) was just ahead through the beginning of the third quarter, but was struggling to keep the lead as Westwood (8-4) pulled off some plays. The Raiders came very close to losing the lead and woke up in the second half to score 20 more points. Glades Central was also able to double the number of passing and rushing yards Westwood had during the game.

Raiders' junior running back Mario Fraser led the game in rushing with 110 yards on 12 carries; quarterback Curtis Holley went 7 of 15 with 139 yards and senior receiver Antonio Hill caught 2 passes for 34 yards and scored a touchdown late in the fourth.

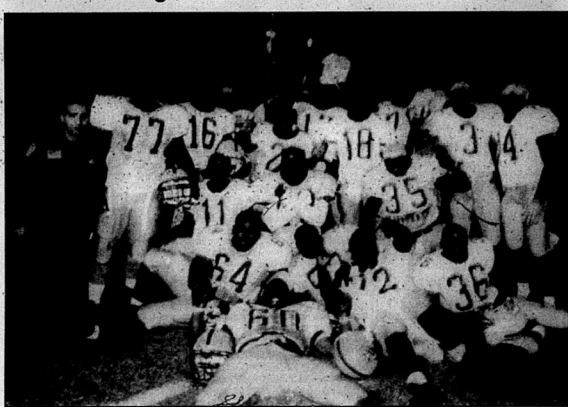
Glades Central quickly came out in the first quarter of the game and scored a touchdown. Receiver Joseph Chapple caught a 36-yard pass from Holley in the end zone.

In the second quarter of the game, Glades Central's junior receiver Titorian Freeman took a 38-pass from Holley in for a touchdown following Westwood's only touchdown of the game from an interception.

Running back Keith Gruber scored the only touchdown of the third quarter when he completed a 1-yard run.

Senior Jose Rodriguez also ran for 14 yards to give the Raiders six more points. Hill then caught a 20-yard pass from Holley to end the game.

Glades Central's next opponent will be Rockledge or Fort Lauderdale-Cardinal Gibbons in the semifinals. In any case, the game will start at 7:30 p.m. on Friday.



The Glades Central Raiders seem determined to earn a third straight state championship this year. The team is pictured celebrating the capture of the annual Muck Bowl trophy.

Photo/Adrian "Big A" Vereen

## And the winner is...

This year's Pigskin Picks winner is Mike Burkett, who represents Lake Hardware.

Over the course of 13 weeks, Mike and the other participants picked winners for 123 football games. Mr. Burkett ended the contest with a score of 99 wins and 24 losses.

Mr. Burkett also won Pigskin Picks in 1999 and took second place in 1998. When asked how he does it, he replied: "Without the help of my brother-in-law, Glen Abgel, I probably would not do so well. I always ask for his opinion."

Final scores for other players were as follows: Robert Archer of First Community Bank, 87-36; Randy Gay of J.E. Wilson & Son, 88-35; Rick Gold of Maroonie of Belle Glade, 89-34; Billy Rimes of Lake Waukegan Supplies, 93-30; Adrian "Big A" Vereen of Glades Ford, 87-36.



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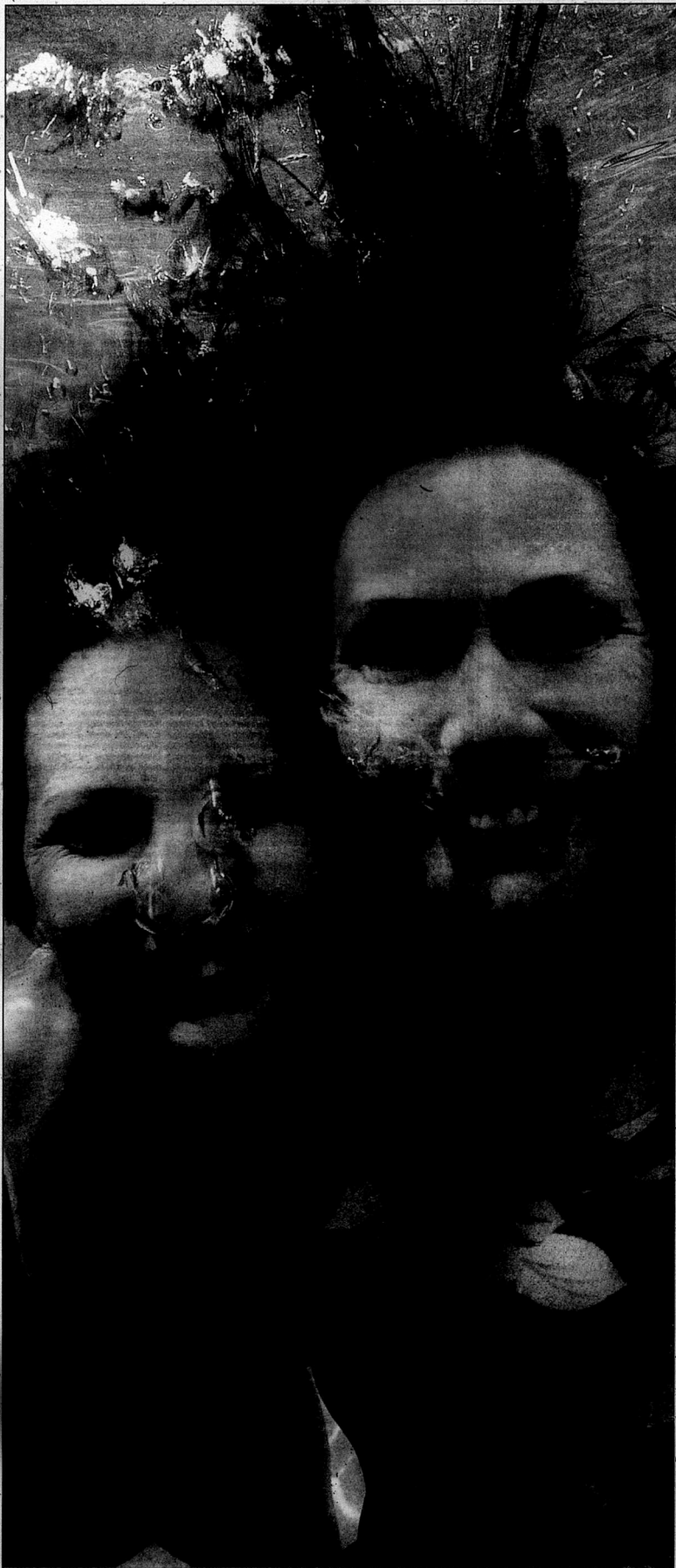
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For more information on the Outpatient Rehabilitation and Aquatic Center, call (561) 792-8067.





## Four blocks from the hospital

"Ouch! Owl!" Lee pulled his arm out of the shrub he was trimming. Two hornets had found their way to his forearm, and the pain made him grimace.

He backed away from the bush, and shook the arm. The stinging intensified, so Lee walked back into the house. He dropped two ice cubes into a dishcloth, and the coolness helped the pain; he sat on a kitchen barstool and sighed, but he felt his heart pounding.

First, there were a couple quick coughs; then some itching began on his other arm, and Lee noticed that his lips felt puffy. Soon, there was more coughing, and Lee's entire face felt red and flushed.

Lee just lived four blocks from the hospital. He was getting light-headed.

By the time Lee parked his car and walked through the ER doors, he was fighting to keep his swollen eyelids open, and the wheezing sound coming from his torso could be heard across the room.

Phil was the emergency nurse at the Triage Desk this afternoon, and he heard Lee's wheezy cough outside his door.

"Hang on a minute here," Phil said to the teenager in the Triage chair. His twisted ankle would have to wait.

When Phil peered around the corner and caught sight of Lee, he grabbed a wheel chair immediately.

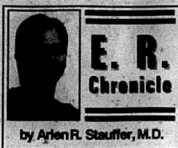
"What happened?" Phil asked directly as he whisked Lee toward an ER bed.

"Some hornets got me," Lee whispered. His voice was such a hoarse wheeze now that it surprised even himself.

"Dr. Cortez?" Phil called out as he parked the chair next to ER Bed 14.

There are only a handful of interruption problems that demand the ER. When emergency physician Tammy Cortez heard the tone of Phil's voice across the room, she whirled immediately from the bedside of a vomiting patient and ran to Bed 14. Linda, the emergency nurse starting an IV line in a dehydrated lady in Bed 9, dropped the needle back onto the cart, and ran toward Phil's voice.

"He's in anaphylaxis from hornet stings!" Phil informed the arriving nurse and doctor. "His blood pressure is only 86 over 60."



by Arlen R. Stauffer, M.D.

"OK. Let's move!" Cortez verbalized the obvious.

The ER team knew what to do. Linda already had the bottle of adrenaline (epinephrine), and Phil had an IV line started in Lee's right arm. The ER clerk staged Respiratory Therapy, and another nurse was drawing up more medicines into syringes.

In less than 30 seconds, Cortez had peeked into Lee's throat, and listened to his wheezing lungs. Linda had the adrenaline drawn up into a tiny syringe.

"Zero-point-three, Doc?" Cortez nodded.

"And, let's get 750 of Benadryl in the IV, and hang a 150 milligram bag of Zantac."

"The Benadryl's in!"

"Here's the Zantac; plug it in!" "What's going on?" Lee said in his raspy whisper. He was scared. His heart was pounding hard now, and every breath was a struggle.

"Get that albuterol aerosol going, and go ahead with 125 milligrams of some Solu-Medrol in the IV!" Cortez pulled a reassuring tap onto Lee's shoulder as she called out the orders.

This was a race against time. Everything had to be done immediately to stop the intense allergic reaction that was threatening to consume Lee. It had only been 25 minutes since the hornets attacked Lee's arm, and the speedy progression of this reaction was frightening.

Saline solution was running rapidly through a second IV line in Lee's hand.

Cortez kept one eye on her patient as she pulled a plastic endotracheal tube from the red cart at the head of the bed. She tested the laryngoscope light, hoping that she would not need to use this light and tube to provide an opening for Lee's trachea and lungs.

This would become apparent in the next few minutes.

"Another point-three of epinephrine," Cortez said. It had been nearly 15 minutes since that

first adrenaline dose was injected. "And keep the aerosol going."

Even though Lee's face "and chest were not quite as flushed as they were initially, and the wheezing in his lungs was a bit quieter, Cortez would not take any chances. Severe allergic reactions like this require a maximum effort.

"Let me see your throat again, Lee," the physician said. "Are you feeling any better?"

"I think so." Lee's voice was not quite as raspy now.

Lee only lived four blocks from the hospital. He was lucky today.

Anaphylaxis is a severe allergic reaction. Such hypersensitivity reactions can involve several organ systems, commonly affecting the blood pressure, the lungs and throat, and the skin.

"Chemical and 'immunoglobulin E' mediators released from 'mast cells' cause the reaction, and such patients account for approximately 0.1 percent of all Emergency Department patients in this country.

The most common offending agents that cause anaphylaxis are antibiotics, with nearly 500 deaths annually in the USA from reactions to penicillin. The second most common cause of these reactions is Hymenoptera (wasps, bees, and ants) stings, accounting for 100 deaths in the USA annually.

Severe reactions require immediate treatment. Epinephrine (adrenaline), antihistamines such as Benadryl, steroids, and "H2 blockers" like Tagamet or Zantac are helpful, and meticulous attention must be given to the patient's airway.

Dr. Stauffer, an emergency physician in New Smyrna Beach, is a member of the Florida College of Emergency Physicians. For more information, go to [www.fcep.org](http://www.fcep.org)

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## Study reports good news and bad news about exercise

A study released in the New England Journal of Medicine last week contained an alarming statistic: Strenuous exercise can greatly multiply the chances of heart failure.

The study showed that for some men, the chance of heart failure increased by 17 times when they exercised strenuously. Before you take up permanent residence on the couch, there are a few things to consider.

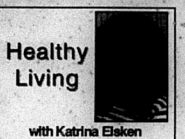
First, the chances of heart failure during exercise are pretty low to begin with. So even multiplying it by 17 times doesn't make it that great. It's something like changing from a one in a million chance to a 17 in a million chance.

Next, the men most at risk have other health problems. I always encourage readers to consult a physician before making any change in your exercise plan. That's just common sense. If you have health problems, you should ask your doctor what kind of exercise is right for you.

There's also a "Catch 22" to the report: The way to decrease your risk of heart failure during exercise is to exercise.

Researchers give the example of the man who doesn't normally exercise but goes out to shovel the driveway after a heavy snowfall. His body is not conditioned for such strenuous exercise and the risk of heart failure greatly increases.

If those readers who have never seen snow can't relate to that scenario, try this: A man who works in an air-conditioned office and spends his evenings watching TV in an air-conditioned home, loses his home to a hurricane. As he tries to sort



through the rubble, lifting heavy boards in the scorching heat, he feels a pain in his chest... You get the picture.

The way to protect yourself against hurting yourself with strenuous exercise is to exercise. But start slow. If you normally don't walk more than a few blocks a day, don't go out and try to run a five minute mile. Give your body time to adapt. Give your muscles a chance to slowly grow stronger. Develop a regular routine. Work up to your desired daily exercise regime. And, please, before you start exercising, consult your doctor regarding an exercise plan that is right for you.

Attention Soccer Moms (and Dads): An article by Dr. Ian K. Smith in the Nov. 13 issue of Time Magazine notes that female athletes are at greater risk of knee injuries than male athletes. According to Dr. Smith, girls' knees are just more vulnerable to injury to the anterior cruciate

ligament (ACL) due to the difference in pelvic width and alignment of leg bones.

Girls can do something to help head off ACL injuries, the article continues. One way to help reduce the chance of knee injuries is with strength training. Increased strength in the hamstrings can help protect the ACL from strain.

Another way to help avoid ACL injuries, Dr. Smith continues, is with special training in how to safely jump and land. He states that men and women naturally jump differently - women tend to land in an extended position which puts more stress on the knees. With practice and professional training, women can learn to land in the safer flexed position.

Finally, Dr. Smith states, balance training can help protect the knees. Working out on balance boards helps build up the muscles around the knees, which act as a shock absorber reducing the stress on the ACL.

The bonus for the athletes is that all three forms of exercise - strength training, jump training and balance training - will also help improve their performance on the field.

Remember, before making any changes to your exercise plan, consult your doctor to make sure you choose exercises that are right for you.

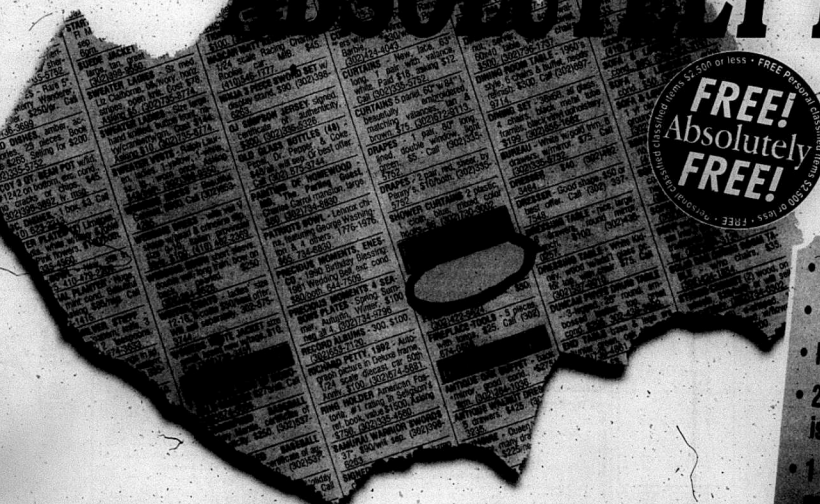
Friends are like the many flowers in a garden that have on each of them the dew of Heaven, which, being shaken by the wind, they let fall at each other's roots, whereby they are jointly nourished, and become nourishers of each other.

Thank you dear friends for "nourishing" us with your love and sympathy as we honor the life of a wonderful woman.

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EO/AA EMPLOYER

### GLADES INITIATIVE MANAGEMENT BOARD OF DIRECTORS

The Glades Community Development Corporation (GCDC) is accepting applications for Board membership on the Glades Initiative Management Board (GIMB). GIMB is a new organization formed in response to the Department of Community Services RFP which was released to create a Glades Initiative (GIMB), as the fiscal agent, was awarded \$150,000 to develop a local system for health and human services that crosses funding streams, optimizes the impact of local resources and organizations, and develops local collaborative relationships in communities West of the 20-Mile Bend.

The Glades Management Board of Directors will be made up of organizations that are either a not-for-profit, 501(c)(3), with Glades corporate addresses, or are human services organizations that provide services West of the 20-Mile Bend, where local educational institutions or churches, or individuals who have a vested interest in the health and human services programs in the Glades area.

Applications may be picked up by contacting Marla McGhee before the operating hours from Monday Friday 9:00 A.M. to 5:00 P.M. at:

GCDC  
401 S.E. 2nd Street  
Belle Glade, Florida

### HELP WANTED

Hendry County Engineer Department has immediate opening for a Secretary II. This is a high paced office where he is seeking general support with some knowledge of computers and customer service experience. Applicants will be tested in a typing skill of 40 wpm and knowledge of grammar, punctuation, spelling and filing procedures. The pay range will be \$7.00 - \$8.00 with benefits. The hours will be from 8:00 a.m. to 5:00 p.m. Monday thru Friday. Applications, job description and requirements can be obtained from the department located in the courts building annex, second floor in LaBelle or at the County Clerk's Office. Deadline for submission is November 29, 2000.

Veterans' preference as outlined in the Florida Statutes. Hendry County is an equal opportunity employer. Drug/alcohol free work place. Applicants needing assistance in the application process contact the personnel office at 675-5352.

### BRANCH MANAGER

Join Our Team!

Financial institution seeks motivated team leader to develop and direct our Belle Glade branch office. A minimum of 24 months experience in new accounts and consumer lending in a financial institution with proven leadership abilities. Position will also require 75 with a, affiliates, business, community and civic organizations to promote goodwill and generate new business. Competitive salary and excellent benefits. Please fax resume to 561-992-9220 or contact Pat Walker at 561-965-1000. DFW - EOE.

Handy Man - Full Time Sugarland MM Park Needs someone with knowledge of Mobile home repairs. 500 or by call 985-7363.

LARRY'S AC is accepting applications for an experienced secretary. Call 561-996-5337.

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### CITY OF MOORE HAVEN

is now accepting applications for person with Class C or better water license. Florida CDL license preferred, ability to lift 100 lbs. Salary is negotiable. For more information, call Mike Brantley, Utilities Director, at City Warehouse, 863-946-0909. Applications may be picked up at City Hall, 95 Riverside Drive, Mon.-Fri. 8am - 5pm, Equal Opportunity Employer, Drug Free Workplace.

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GED is an Equal Opportunity Affirmative Action Employer and Drug Free Workplace

### HELP WANTED

Administrative/Technical applications are being accepted in the Emergency Management Department. This is a highly responsible position requiring strong clerical and people skills. The position is full time with benefits. Applications, job description and requirements can be obtained from the personnel department, located in the courts building annex, second floor in LaBelle or at the county sub-office in Clewiston. Deadline for submission is December 6, 2000 at 5:00 p.m.

Veterans' preference as outlined in the Florida Statutes. Hendry County is an equal opportunity affirmative action employer. Drug free work place. Applicants needing assistance in the application process contact the personnel office.

### NURSE MANAGEMENT POSITION - R.N.

Oakbrook of LaBelle is seeking candidates to lead and direct the complete care of our 5500+ Term Care Unit. R.N. preferred but experienced LPN's in MOS and care planning will be considered.

Contact Dale Noble, administrator for interview or fax resume to: 863-675-7415. Oakbrook of LaBelle, 250 Broward Ave., LaBelle, FL 33955. Phone: 863-675-1440. EOE.

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### OFFICE ADMINISTRATOR

FT position in Pahokee. Candidates must have good phone skills, bookkeeping (AP/AR) and organizational abilities. A competitive salary based upon ability. Fax resumes to: Okechobee Office, 863-996-6888. P.O. Box 1705, Pahokee, FL 33474-1705.

### SALES ASSOCIATE

First Federal Savings Bank offers new opportunities in banking for retail and sales oriented individuals in our West-Mait Branch. A sales associate. Our front line staff is responsible for serving our customers and cultivating new customer relationships through the sales of our bank products. Successful candidate will have a proven sales record with retail experience. Banking experience not required, but would be a plus. Creativity, self-motivation, dress and leadership ability a must. We provide full training, a competitive salary, commission program and full benefits. Apply in person at Main Office, 205 So. W. C. Owen Ave., Clewiston, or send or Fax resume to: Sheila Abbott, P.O. Box 1705, Clewiston, Florida 33460. Fax (941) 963-5880. EOE

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